



# District 15 Newsletter

Yuma, AZ

October 2018

24 Hour Hotline (928) 782-2605



## What's new? BIRTHDAYS!

I would love to have updated group birthday lists sent to me as attachments to [newsdistrict15@gmail.com](mailto:newsdistrict15@gmail.com) with the subject: BIRTHDAYS. I will do my best to include everyone in the newsletter. *Erv*

### Birthdays

October	5	Mike W.
	17	Bill L.
	17	Jeff M.
	22	Jay C.
	24	Don L.

I love birthdays!

Please send November birthdays by October 22nd to be included in the October newsletter:

[newsdistrict15@gmail.com](mailto:newsdistrict15@gmail.com)  
Subject: BIRTHDAYS

## LOST!

### Your Home Group Meeting

Please help us find it. Send a brief description of the meeting place, time, format, and other information to

[newsdistrict15@gmail.com](mailto:newsdistrict15@gmail.com)

Subject: MEETING

## You've Got a Date!

October 16	Maricopa Country Service Workshop	Paradise Valley, AZ <a href="http://www.area03.org/Portals/0/Event_Cal_Flyers/MARICOPA%20COUNTRY%20SERVICE%20MEETING%20Flyer%20Oct%202018.pdf">http://www.area03.org/Portals/0/Event_Cal_Flyers/MARICOPA%20COUNTRY%20SERVICE%20MEETING%20Flyer%20Oct%202018.pdf</a>
October 19-21	25th Annual Rocky Point Roundup	Puerto Penasco, Mexico <a href="http://rockypointroundup.org/">http://rockypointroundup.org/</a>
October 20	Drunks Like Us (Speaker Mtg.)	Chandler, AZ <a href="http://www.area03.org/Portals/0/Event_Cal_Flyers/Drunks%20Like%20Us.pdf">http://www.area03.org/Portals/0/Event_Cal_Flyers/Drunks%20Like%20Us.pdf</a>
November 2-4	31 <sup>st</sup> Miracle on the River	Lake Havasu City, AZ <a href="http://havasuaa.org/">http://havasuaa.org/</a>
November 3	November Assembly	Lake Havasu City, AZ
December 1	Service Workshop	Studio 64, Phoenix, AZ <a href="http://www.area03.org/Portals/0/Event_Cal_Flyers/Service-Workshop-Flyer.pdf">http://www.area03.org/Portals/0/Event_Cal_Flyers/Service-Workshop-Flyer.pdf</a>

## Slippery Years

When we first arrived in Yuma, I was less than 7 years sober and immediately impressed with the years and quality of sobriety in the Foothills meetings. They had what I wanted and I listened to their stories about how they got it. Then I got shocked.

I heard someone share who had had 16 years of sobriety and went back out. It frightened me. It shook my confidence in the program and worried me about vulnerability to that slippery slope.

Then I heard others report that they had 20 and 22 years sober when they went back out. I began to be impressed that someone with such a hard fall picked themselves up and came back to the rooms. I heard them speak of doing things different this time. I listened for the difference.

One evening I sat in the meeting at the Foothills Baptist Church when an older gentleman reported that it was his first meeting. Of course, people cheered and welcomed him. Then he said, "Before you get too excited, I have a 29 year chip at home." I wanted to cry.

I saw him at a few meetings after that, but I also saw him checking out at The Grocery Store with a 1.75 liter bottle of whiskey. I knew his sad story of losing his wife to Alzheimer's, his loneliness, and of meeting a new friend—a lady who drank. I wondered what I would do.

The last time I saw him was in the parking lot outside that meeting. I noticed him when I arrived early and went in. He did not. When he was still not in the room near meeting time, I decided to go out to look for him. I saw him backing his car out of a parking place. I asked him, "Aren't you going to come in?"

"No, I don't think so," he said.

Twenty-nine years of sobriety and he was gone. As I approach a personal milestone of 20 years, I still think about him. I know I have no guarantees. I am not cured. I have a reprieve of one day.

I pray for gratitude for sobriety today and set my intention to do the same thing tomorrow. I pass.

Erv

## SUBSCRIBE!

**Save paper.**

**Save ink.**

**Save time.**

**Save clutter.**

**Save gas.**

**Save charity.**

**If you email me at**

***newsdistrict15@gmail.com***

**With subject:**

**SUBSCRIBE**

**I will add you to our email list.**

**Erv**

### Editor's Notes

**Our winter visitors are returning. Please help me keep them informed by sharing through this newsletter.**

**Please contact me at *newsdistrict15@gmail.com*.**

**I appreciate your personal stories, group stories, birthdays, news, and suggestions.**

**If you wish to tell me your story, I will write it with you.**

**Erv**